



P.E. One Page Overview

Intent:

Discover: Children will have the knowledge and understanding to go into their next stage of life appreciating the important role being physically active plays in leading a healthy lifestyle.



Challenge: Children will develop a love and passion for PE and sport that will last a lifetime.



Flourish: Children will ask questions to understand the importance of physical activity; seek to discover sports of their choice; cooperate & collaborate with others as part of an effective team and find ways to improve their own and others' performance.



All our children have access to high quality and progressive P.E curriculum which inspires them to achieve their personal best and attain optimum physical and emotional development in a safe and supportive environment. We want our children to experience a wide variety of sports and physical skills to enhance lifelong fitness and life choices and to be equipped with the tools to make a positive impact on their own physical health and well-being. Through developing skills, we aim to improve self-esteem and to enable our children to cope with success and failure in competitive activities.

- All children will have access to a minimum of 2 hours of physical activity per week.
- Pupils will have the opportunity to take part in structured and active lunchtime play.
- There will be lots of opportunities for competition, at an intra and inter school level and extra-curricular clubs offered to all year groups.
- The children will attend swimming each year during Key Stage 1 and 2 (AS- KS2 and BG- Year 2-5)
- The curriculum overview is progressive and varied.
- Staff will be supported to develop their pedagogy and feel confident in lesson delivery.
- Sports specialists will be used to teach part of the P.E curriculum for all classes.

Implement:

Coverage through PE curriculum & extra-curricular:

- Children participate in high quality PE lessons delivered by teachers and sports specialists covering two sports/skills per term.
- Wide range of extra-curricular clubs offered termly and cover all year groups.
- Calendar of intra-school and inter-school competitions offers competitive opportunities to all pupils – Intra-school competitions such as football, netball, tag rugby, cross-country, cricket, swimming and athletics.
- Children have the opportunity to engage in active play at break times /lunchtimes - with KS2 provided with opportunities to play football, basketball etc. KS1 and 2 have access to climbing equipment and the ball courts.
- Swimming lessons take place weekly throughout Key Stage 1 and 2 (AS – KS2 and BG Year 2-5).
- Curriculum overview carefully constructed to include different areas such as invasion games, net/wall games, striking games, gymnastics, dance, athletics and outdoor adventurous activities.
 - Early Years focus on gymnastics (balance/travelling), dance (expressive movement, cooperation & collaboration) and games multi-skills.
 - Key Stage 1 pupils build a bank of transferable skills (e.g. catching, kicking, throwing) that can be used in a range of sports.
 - Key Stage 2 pupils undertake sport specific units of work where their prior knowledge and skill sets are adapted to the requirements of the sport in question (e.g. passing for possession, invasion as a team, accuracy and rallying).
- Overview ensures planning and resources across year groups show progression.

Assessment:

- Ongoing assessment within lessons
- Skills progression maps tracked throughout P.E topics
- Termly data inputted into the foundation subject assessment matrix (in house assessment system)

Monitoring:

- Regular staff feedback used to establish levels of confidence
- Learning walk/drop-ins scheduled
- Pupil Voice
- Activity / planning scrutiny

Impact:

- PE curriculum is progressive and motivates children to develop fundamental skills and apply them to a variety of sports and activities.
- All children are provided with skills and given opportunities to demonstrate improvement to achieve personal best.
- Children are physically active and this has positive impact on their learning.
- Children understand how to lead a healthy lifestyle and understand the importance of exercise.
- Children to enjoy P.E. and develop a love of sport and physical activity, that they may pursue outside of school and develop a lifelong love of sport and its health benefits.
- Children to understand the values and importance of fair play and being a good sportsperson.
- Year 6 children to leave school with skills to self-rescue in the water and swim at least 25metres competently.

Teacher CPD/monitoring:

- Team leader to provide CPD to increase staff confidence in teaching P.E where needed.
- Team leaders to attend training opportunities.

Family/community:

- Parental engagement using PE-specific home learning tasks at relevant points through the year.
- School performances / class assemblies based on P.E (dance) topics.
- Performances by the children can be shared on websites and other online portals.

Current priorities/Next steps:

- Analysis of assessment.
- Staff to check LTP's and notify Creative team of any changes.